

BRIEF REPORT OF ACTIVITIES UNDERTAKEN IN THE MONTH OF SEPTEMBER, 2021  
UNDER EK BHARAT SHRESHTHA BHARAT (EBSB) PROGRAMME.

Sr. No.	Activities by the Institute	Month of activity	Activity	Details of the activity	Paired state involved	No. Of participants/attendees	Any other relevant information
1.	IHM, Shimla	September, 2021	WEBINAR ON UNTOLD STORIES OF HIMACHALI CUISINE	<p>The Institute involved in an online webinar on the topic “UNTOLD STORIES OF HIMACHALI CUISINE” on 15<sup>th</sup> September, 2021 in which <b>Mr. Rachit Verma and Mr. Mridul</b> have told those stories which are rare to find about the Himachali Cuisine. They have briefly explained various equipments and food serving techniques related to Himachali Cuisine.</p> <p>Faculty and the student of paired <b>IHM, Thiruvananthapuram.</b> There were 43 participants in this online activity.</p>	IHM, Thiruvananthapuram.	43 no.( Forty Three)	Snapshot of the activity attached.



Ministry of Tourism  
Government of India



अतुल्य! भारत  
Incredible India



IHM Shimla

IHM Thiruvananthapuram

**IHM Shimla in Association with  
IHM Thiruvananthapuram**

**Untold Stories of Himachali Cuisine**

Under  
**Ek Bharat Shreshtha Bharat  
Initiative**

Presented By :-

**IHM Shimla and IHM Thiruvananthapuram**

On 15th September, 2021, 11:00 AM Onwards

← cay-fjza-drp ▶ 🔁 🔊

**DHAM (धाम)**

Dham is a local term for traditional feast prepared in Himachali style and served during special occasions with the delicacies of the state.

The ethnic foods in Dham includes Rice, Followed by authentic Rajmah & Mah (Urad dal), kadhi (curry), khatta, meetha, etc.

Dham is considered as a sacred meal & thus it is prepared on the pure woodfire (Agni), which marks the practical vedic knowledge.

Parikshit is presenting

Rachit, Rahul, You, 20134, 38 others

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**His Pradhana**

MULA ARI PAYASAM, COCONUT AND MAVA LADDOO, MATHANGA PAYASAM

1941121089 is presenting

1941121079, 20041, You, 20134, 40 others

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← cay-fjza-drp ▶ 🔁 🎧

**Untold  
Stories of  
Himachali  
Cuisine**

एक भारत श्रेष्ठ भारत

टीकन प्रबंधन खान-दान एवं पोषण परिसर  
मुम्बई, विस्तार  
उद्योग मंत्रालय, भारत सरकार के अधीन  
INSTITUTE OF HOTEL MANAGEMENT, CATERING & NUTRITION  
MINISTRY OF TOURISM, GOVERNMENT OF INDIA

Parikshit is presenting

Rachit

Rahul

You

20134 41 others

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You

Rachit 36 others

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PUTTU WITH KADALA CURRY

Ministry of Tourism Government of India 15th Anniversary of the Ministry of Tourism एक भारत श्रेष्ठ भारत INSTITUTE OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY

1941121089 is presenting

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You

Rahul 43 others

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